



Gender Identity Research
And Education Society

YOUR SPECIAL PARENT¹

Registered Charity
No: 1068137

Your Mum is about to go on a big adventure!

You know, before we are born, while we are still in our Mum's tummies, we grow into little boys and little girls.

We can tell, as soon as a baby is born whether it is a boy or a girl because we all know boys have a willy and girls don't. That's how we tell the difference between boys and girls. Boys usually grow up to be men and possibly, Dads; and girls usually grow up to be women and possibly, Mums.

Boys and girls don't just look different on the outside, but they feel different on the inside too. Often, girls like certain games and toys, and boys like *different* games and toys. But whether we are boys or girls, we are all special and different in our own ways.

Your Mum is a very special person. There are only a few people who are special in the way that your Mum is, so you might not meet them very often.

Firstly, the way we all think and learn and feel is in the brain, which is in the head; this is the place which tells us whether we are sad or happy or excited, and it is also the place that tells us whether we feel like a boy or feel like a girl.

So while your Mum was still in her Mummy's tummy, the outside of her body was growing into a girl, but, because she's special, inside she was growing to be like a boy. By the time she was born, although she looked like a girl on the outside, deep inside herself, she was really a boy.

She has tried hard all her life to be a girl inside, but she can't change who she is inside. She is not ill, but she doesn't feel real. Your Mum needs to change her 'outside' to match her 'inside'.

You will notice, after some special medicine, your Mum might look a little different and dress differently, but she will still love you.

After a time, you might get used to calling your Mum by a different name, but your Mum will still love you the same as ever!! The REALLY important thing to remember is that, no matter what happens, your Mum still loves you and always will.

¹ for a pre-teens child whose mother is transitioning to male.

GIRES offers information from the forefront of research into transsexualism.

© Gender Identity Research and Education Society (GIRES) 2007 | Adapted by GIRES for FTM Australia
www.gires.org.uk; e-mail: bernardgi@aol.com; terry2reed@aol.com; tel: 01372-801554